Gold Coast Swim team Summer Practice Schedule

Seniors: \$60.00 per month Unlimited Practices Mon.-Fri. 7:00-9:00am Mon.-Fri. 4:00-5:30pm Saturdays- TBA

<u>**Pre-Seniors</u>**: \$55.00 per month Up to 6 Practices per week. Same time as Seniors Mon.-Fri. 7:00-9:00am Mon.-Fri. 4:00-5:30pm Saturdays- TBA</u>

Advance: \$50.00 per month Up to 5 practices per week Mon.-Fri. 7:30-9:00am Mon.-Fri. 4:00-5:30pm Saturdays-TBA

Beginning: \$40.00 per month Up to 4 practices per week Mon.-Fri. 7:45-8:45am Mon.-Fri. 4:00-5:00pm **Friday is free time for Beginners after 20 minutes of instructional time**

Novice: \$35.00 per month Up to 3 practices per week Mon.-Fri. 7:45-8:45am Mon.-Fri. 4:00-5:00pm **Friday is free time for Novice after 20 minutes of instructional time**

Practice groups are assigned by the coaches. Changes will be made as the coaches feel it is necessary and beneficial to the swimmer.

<u>Masters Swimmers</u> For swimmers 18 years and older. For more information please contact: <u>Ralph Mohr</u> 541-269-1565

GOLD COAST SWIM TEAM www.orgcst.com

Gold Coast Swim Team is a youth swim team offering competitive swimming and opportunities for girls and boys. GCST is a year round, nonprofit club, and is a member of USA swimming.

Swim Camp

Learn different strokes. Camp ends with swim meet on Friday.

Dates: August 11th - August 15th Time: 9am -12N Cost: \$50.00 **Mini Meets**

11am-12N

June 25th July 9th July 23rd August 6th

Guppy Summer Program

Time: 11am-12n Dates: June 16-Aug 7 Monday-Friday Cost: \$125.00

BIG KAHUNA SWIM MEET

August 8th, 9th, 10th 2014 Pool is closed to public at 7am For more information please call: Coach Kathe McNutt 541-297-3093

Mingus Park Pool

June 16, 2014 Through August 30, 2014

Our aquatics staff welcomes you to Mingus Park Pool. The pool is open seven days a week offering activities for all ages and interest levels. We have something "FUN" and "HEALTHY" for everyone!



Pool Manager: Kathe McNutt Office Hours: 12:00-1:30 & 3:30-6:00

OVER 50 YEARS OF SERVICE 541-267-1360 725 N. 10th St. COOS BAY, OR 97420

LAP SWIM SCHEDULE FOR SUMMER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-7:00 AM	LAP SWIM	*****	*****				
7:00-9:00 AM	Swim team	LAP SWIM	LAP SWIM				
12:00-1:30 PM	LAP SWIM	LAP SWIM					
1:30-4:00	PUBLIC SWIM	*****					
4:00-5:30 PM	Swim Team	****	*****				
5:30 to 7:00 PM	LAP SWIM	*****	*****				

<u>FEES</u>

Youth (17 & under)	\$3.00
Adult (18 to 59)	\$4.00
Senior Citizens (60 & over)	\$3.00
Active Military	\$3.00
Showers Only	\$3.00

Punch Cards	10	20	30	<u>50</u>
Youth & Senior	s \$27	\$55	\$78	\$125
Active Military	\$27	\$55	\$78	\$125
Adult	\$35	\$68	\$99	\$150

Swim Passes

30 Day-\$ 45 you may add a family member for\$15.0090 Day-\$125 you may add a family member for\$30.001 yr.-\$300 you may add a family member for\$65.00Summer PassesYouth Summer Pass (17 & under)\$85.00

Youth Summer Pass (17 & under)	\$85.00
Family Summer Pass (4 immediate)	\$175.00
Add an extra family member for	\$37.50

Pool Rental

The pool is available to rent for private parties for all occasions. The cost is listed below. When you rent the pool you get the whole facility: pool, deck and lobby for your personal use. No alcohol is allowed.

Summer Rental times

Saturday 9-11am and 4:30-7pm Sunday 1:30-7pm

<u>Prices for rental</u> \$50.00 per hour for up to 30 people, over 30 please add \$15.

 $15.00 \text{ per } \frac{1}{2} \text{ hour for just deck}$ or lobby time.

SUMMER FUN

SWIM LESSONS-ALL LEVELS

STARFISH: Mon-Fri 10am-12N 6pm-7pm LEVELS 1-10: Mon-Fri 9am-12N 6pm-7pm All sessions are \$40.00 and 2 weeks long: Session Dates Session One: June 16-27 Session Two: June 30-11 Session Three: July 14-25 Session Four: July 28-Aug. 7

Monday Night Madness 7-9pm We are providing an evening of FREE family swim. The

first half hr. will be a swim class or a safety program, the remaining time will be free swim.

July 7,14,21,28 and August 4 & 11