

Gold Coast Swim team Fall and Winter Practice Schedule

Seniors: \$60.00 per month
Unlimited Practices
Mon.-Fri. 3:45-5:30pm
Tues. & Thurs. 6:00-7:00am
Saturdays- TBA

Pre-Seniors: \$55.00 per month
Up to 6 Practices per week. Same time as seniors
Mon.-Fri. 3:45-5:30pm
Tues. & Thurs. 6:00-7:00am
Saturdays- TBA

Advance: \$50.00 per month
Up to 5 practices per week
Mon.-Fri. 3:30-5:00pm
Saturdays- TBA

Beginning: \$40.00 per month
Up to 4 practices per week
Mon.-Fri. 3:15-4:15pm
****Friday is free time for Beginners after
20 minutes of instructional time****

Novice: \$35.00 per month
Up to 3 practices per week
Mon.-Fri. 3:15-4:15pm
****Friday is free time for Novice after
20 minutes of instructional time****

We realize that some private schools don't get out of school at the same time as public schools. We will work around those situations.

Practice groups are assigned by the coaches. Changes will be made as the coaches feel it is necessary and beneficial to the swimmer.

GOLD COAST SWIM TEAM

www.orgcst.com

Gold Coast Swim Team is a youth swim team offering competitive swimming and opportunities for girls and boys. GCST is a year round, non-profit club, and is a member of USA swimming.



For more information please call:
Coach Kathe McNutt
541-297-3093



We are excited to welcome the Southwestern Oregon Community College Swim Team.

Athletic Director: Dr. Mike Herbert

Head Coach: Sandra Bullock

Assistant Coaches: Matt Yee
Christina Cook
James Verger

Masters Swimmers
For swimmers 18 years and older. For more information please contact:
Ralph Mohr @ 541-269-1565
cmohr1565@charter.net

Mingus Park Pool

September 2, 2014

Through

June 15, 2015

Our aquatics staff welcomes you to Mingus Park Pool. The pool is open seven days a week offering activities for all ages and interest levels. We have something "FUN" and "HEALTHY" for everyone!



Pool Manager:

Kathe McNutt

Office Hours:

12:00-1:30 & 3:00-6:00

OVER 50 YEARS OF SERVICE

541-267-1360

725 N. 10TH ST.

COOS BAY, OR 97420

LAP SWIM SCHEDULE FOR FALL AND WINTER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-7:00 AM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	*****	*****
7:00-9:00 AM	*****	*****	*****	*****	*****	LAP SWIM	LAP SWIM
12:00-1:30 PM *Please check the	LAP SWIM whiteboard for	LAP SWIM any changes at	LAP SWIM this time during	LAP SWIM the school year.	LAP SWIM	LAP SWIM 12:00-1:00PM	LAP SWIM 12:00-1:00PM
3:00-5:30 PM	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	*****	*****
5:15 to 6:30 PM EVENING SWIM	LAP SWIM WILL END ON	LAP SWIM 11/14/14 AND	LAP SWIM BEGINS ON	LAP SWIM 03/30/15	LAP SWIM	*****	*****

FEES

Youth (17 & under)	\$3.00
Adult (18 to 59)	\$4.00
Senior Citizens (60 & over)	\$3.00
Active Military	\$3.00
Showers Only	\$3.00

Punch Cards	10	20	30	50
Youth & Seniors	\$27	\$55	\$78	\$125
Active Military	\$27	\$55	\$78	\$125
Adult	\$35	\$68	\$99	\$150

Swim Passes

30 Day-\$ 45 you may add a family member for \$15.00
 90 Day-\$125 you may add a family member for \$30.00
 1 yr.-\$300 you may add a family member for \$65.00

Pool Rental

The pool is available to rent for private parties for all occasions. The cost is listed below. When you rent the pool you get the whole facility: pool, deck and lobby for your personal use. No alcohol is allowed.

Fall and Winter rental times

Saturday 1-5pm
 Sunday 1-5pm

Prices for rental

\$50.00 per hour for up to 30 people, over 30 please add \$15.

\$15.00 per ½ hour for just deck or lobby time.



Swimming in the snow 2012

Special Closures

(Check the whiteboard for possible special morning swims on the following holidays)

- LABOR DAY
- THANKSGIVING DAY
- CHRISTMAS DAY
- NEW YEARS DAY
- MEMORIAL DAY

***Evening lap swim will end on 11/14/14 and begin on 3/30/15.